

Duke

History-Duke was a shelter dog with a tough history. He had been in approximately 5-6 homes. He had been at the shelter an extended period of time. He displayed aggressive behaviors toward other dogs. This dog needed special care and TLC.

Duke presented with decreased attention, focus, connection. This was understandable, having heard his history.

Many sessions were held with Duke.

Initially, building trust was the first priority. Relaxation techniques were initiated to build trust and provide an introduction to the work.

At the second visit, positive changes were noted in Duke including more eye contact, more connection, shaking hands, etc. He appeared happier and calmer and more grounded. This dog had trauma to release. Trauma release techniques were provided.

At the third visit, Duke sat quietly and behaved well in his kennel. When we moved to the treatment area, he was quiet and well behaved, even in a busy area. He sat well for the assessment and work. The staff had positive comments about Duke's behavior during the week...there was even tail wagging!

As we worked together, Duke's behaviors improved. He maintained his progress between visits. He became more social...he would nudge hands to encourage people to pet him. Duke liked the relaxation technique visits. Duke was eventually adopted by a veteran in the community.

