

### Scout-Progress Accelerated

Scout had a rough start. He had a previous owner/home where there was mistreatment.

The current owner wanted to use Scout for a pleasure horse, competition and cattle work. The new owner worked with training Scout and made good progress in building trust. Ongoing training was done by the owner.

#### First Visit

At first, Scout was shy, apprehensive, and very cautious.... He was a one-person horse at the beginning of the visit.

I assessed Scout and determined he would benefit from Trauma Release.

As I applied the relaxation techniques, Scout became very receptive to the work. He became more trusting and settled into the work well. He released his trauma with a little resistance. But, after he released it, he displayed more 'happy horse' behaviors. In addition, he was very affectionate after the treatment. He came a long way in a short period of time!

The owner reported better times in competition in a follow-up conversation.

#### Scout- 2<sup>nd</sup> Visit

Scout had issues with his feet/legs being sore. He had a cut on his right foot.

Relaxation techniques were applied to the areas with improvement noted.

#### Scout-3<sup>rd</sup> Visit

Scout was in competition. However, he became stressed over the trip in the trailer/travel.

We did a behavior modification technique to refocus his energy on more productive efforts.

Don't waste your energy on nonsense...use your energy for fun!

The owner reported that he handled travel better.

\*In addition, his times improved...barrels went from 19.5 to 17.5 initially.

They ended the barrel season with time of 16.85, winning checks and a buckle!

